

8 Man Tackle Addendum to Football Rules

1. A 5-3 or 4-4 defense can only be played.
2. 8 man tackle has agreed to change minimum plays to 12 plays per game.
3. No restricted or unrestricted player can line up in the gaps; all DT must line up head up on the opposing player.
4. On a tight 5 man offensive line, the end players are eligible receivers.
5. If the losing team is down by 30 or more points in the 2nd quarter they reserve the right to ask for a running clock to start.

IF NOT SPELLED OUT ALL OTHER FOOTBALL RULES WILL BE PLAYED IN ACCORDANCE WITH THE ESTABLISHED MIDSTATE YOUTH RULES.

8 man tackle championship will take place the weekend before 11 man tackle championship. As of the 2026 season, there is no reason to have a playoff with only 4 teams playing 8 man.

The #1 seed will have the choice to host at their venue.